## Interesting Cases

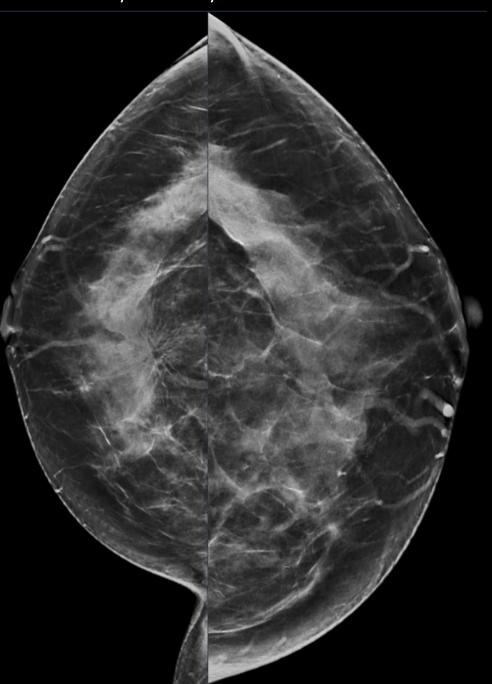
Stamatia Destounis, MD, FACR, FSBI, FAIUM Managing Partner, Elizabeth Wende Breast Care, LLC. Chair, ACR Breast Commission Chair, ACR Breast MRI Accreditation Committee Rochester, NY ENC

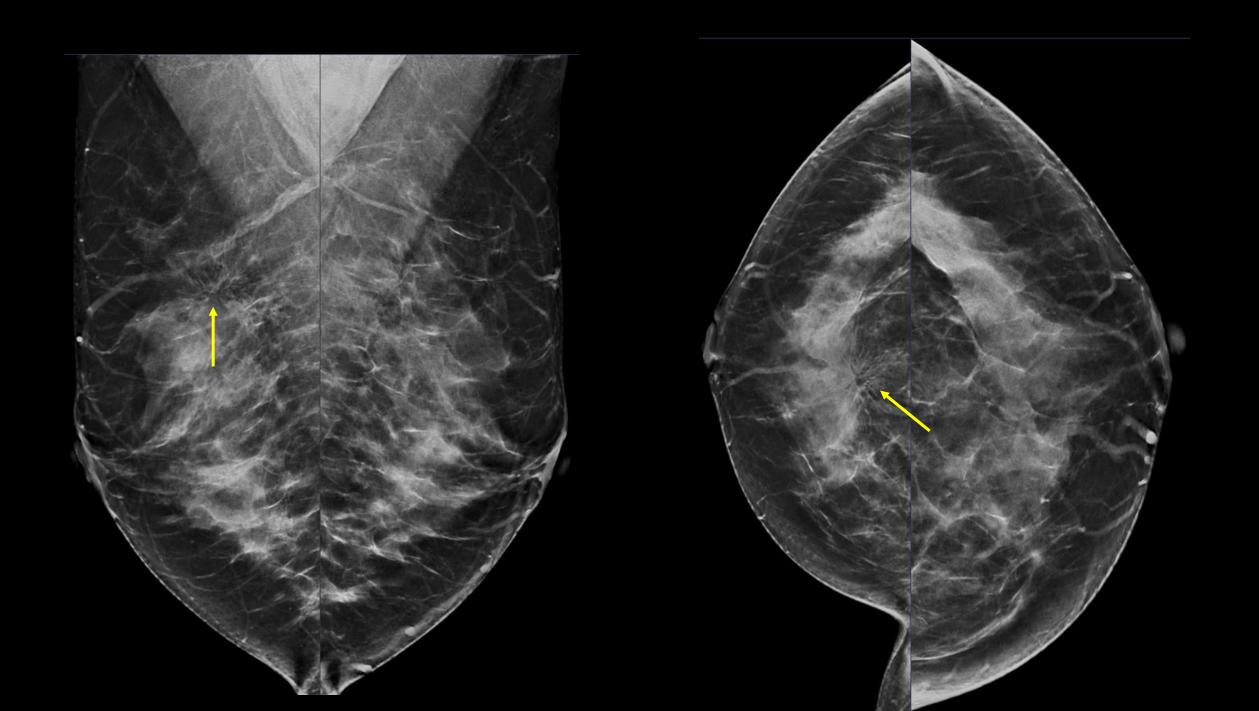
Elizabeth Wende Breast Care

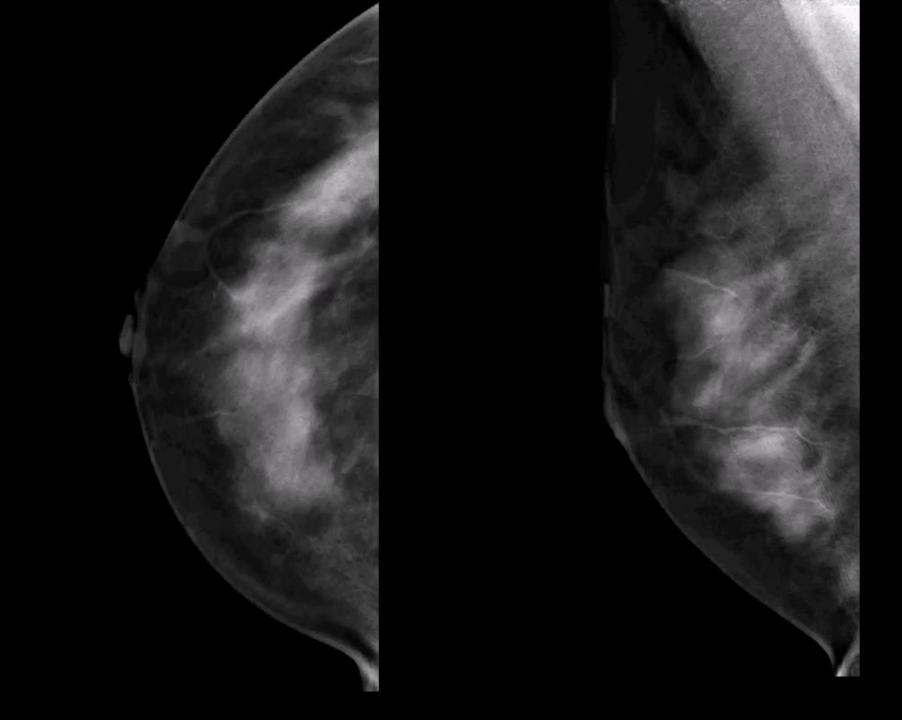
Breast Imaging Excellence

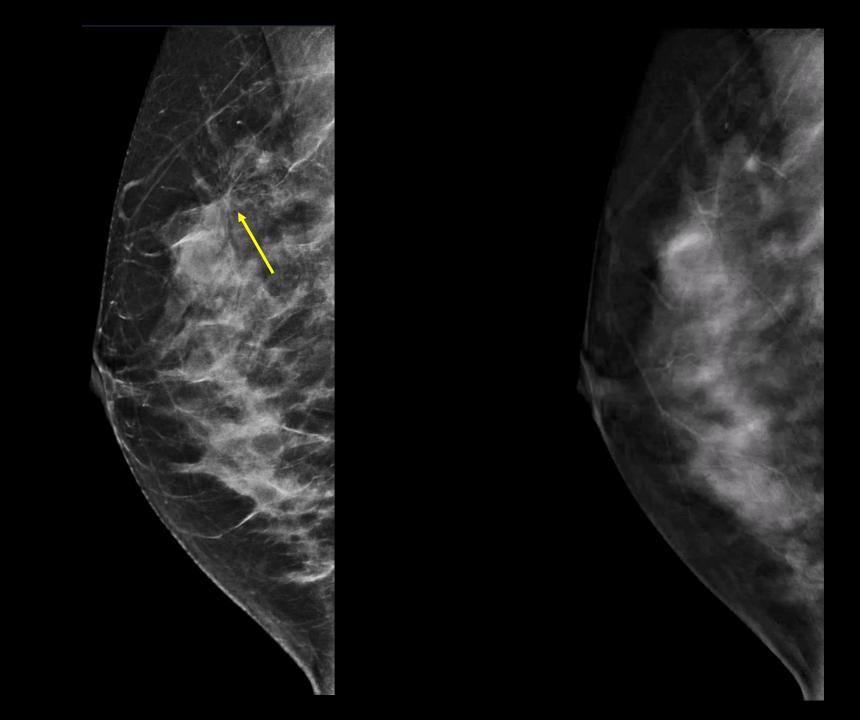
### Case 1: Baseline Screening Mammogram. 42 y/o, No Personal or Family History

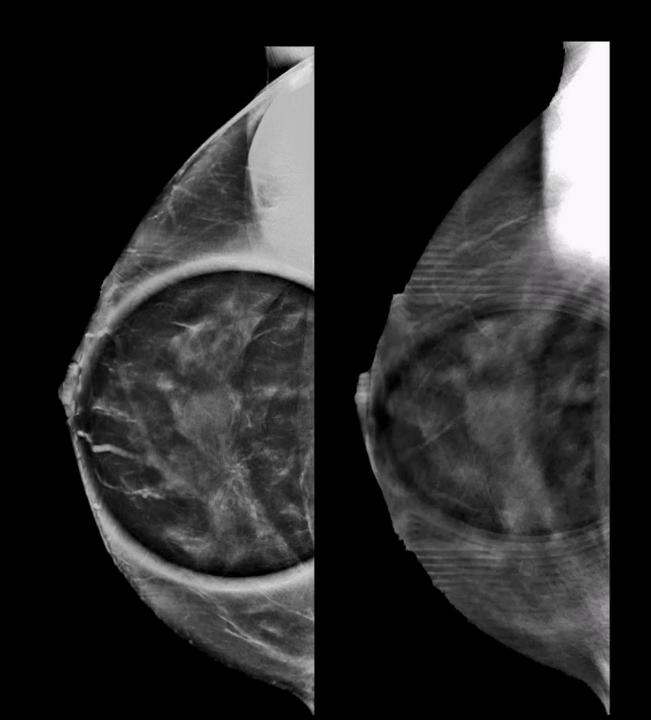












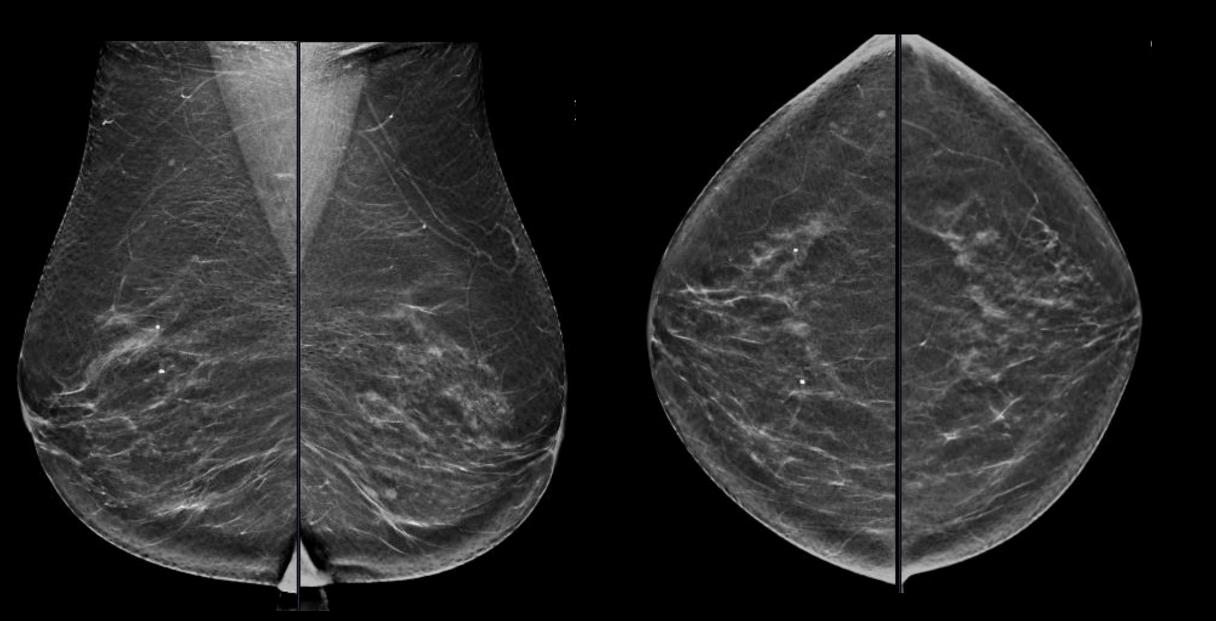
Radial Scar w/ atypia Surgical Excision Recommended

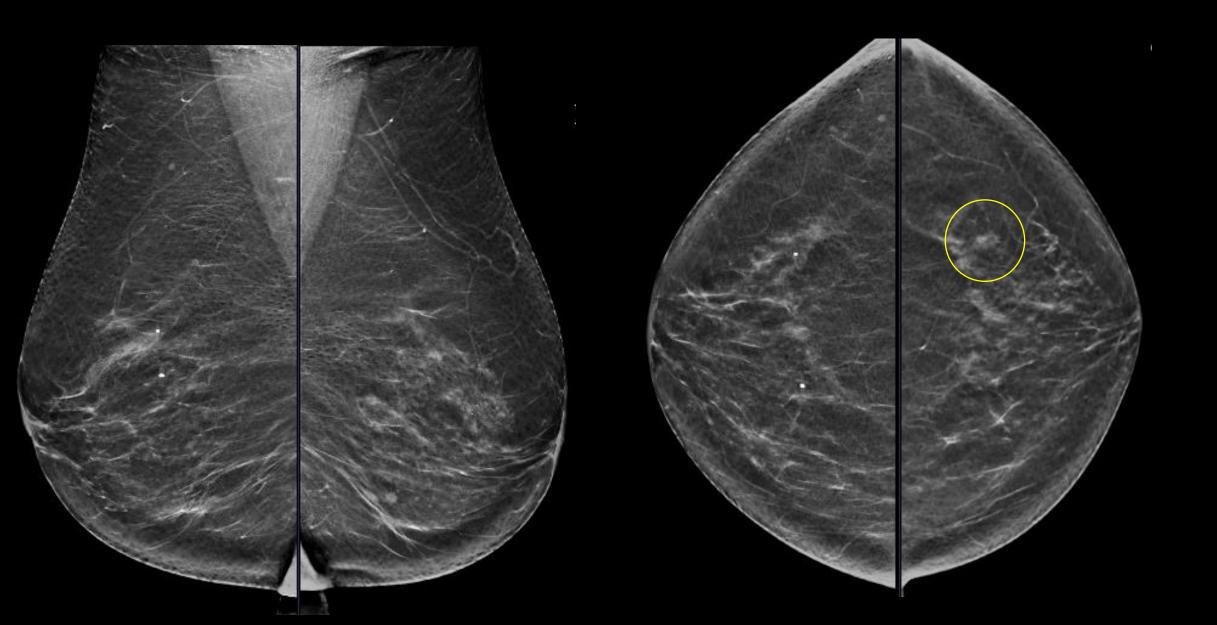
But it could have been invasive carcinoma

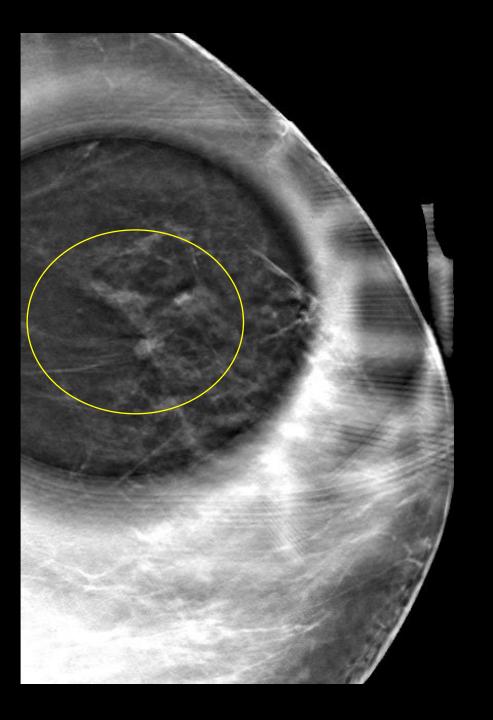
Indications for Breast Ultrasound in Clinical Practice

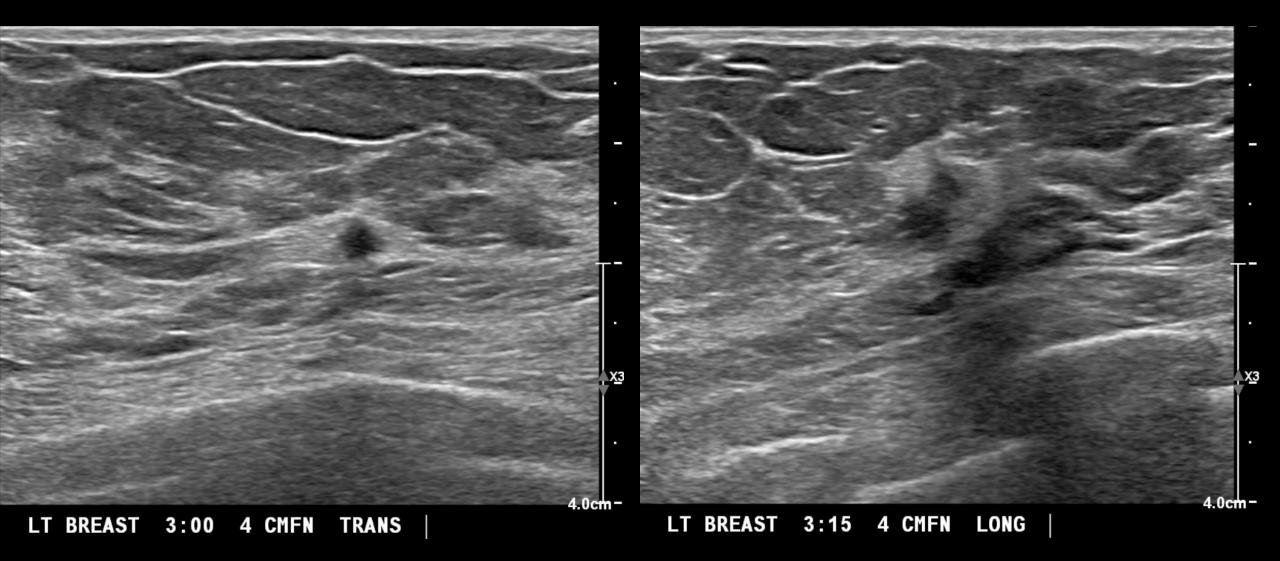
- Diagnostic
  - Patient presents with a concern such as lump, breast pain, skin changes, discharge
  - Imaging finding on screening mammogram
  - Targeted US after breast MRI finding
- Screening
  - Due to dense breast tissue identified on mammography
  - Eligible for MRI because of high risk for breast cancer but is contraindicated

## Case 2- Patient presents for screening mammogram

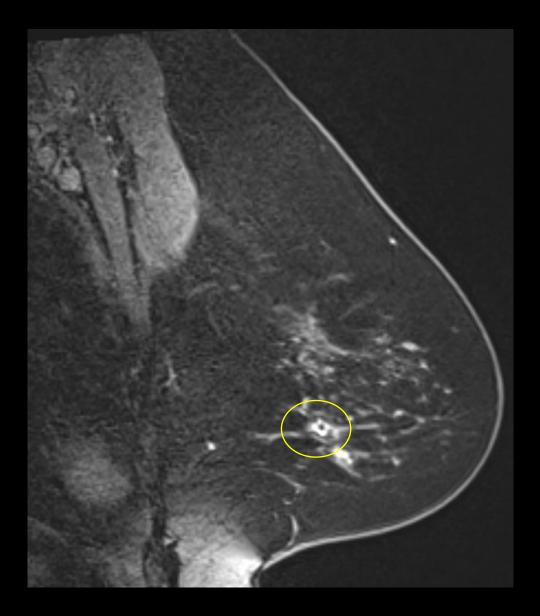


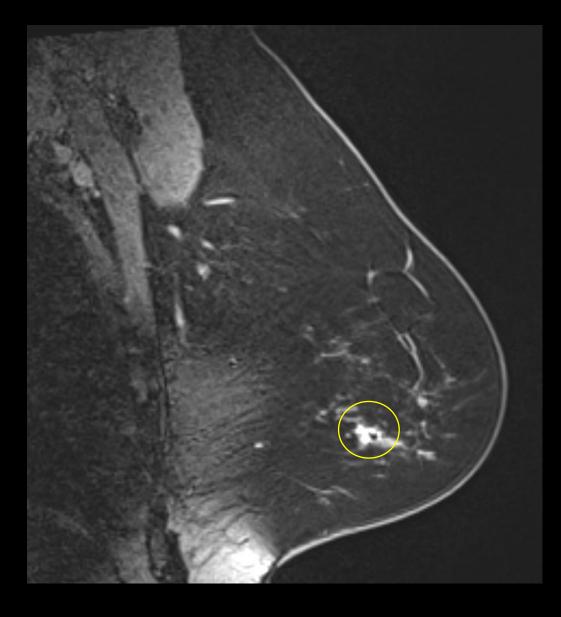






Left 3:00 & 3:15: Invasive ductal carcinoma gr 2, ER Positive, PR Positive, Her2 Negative



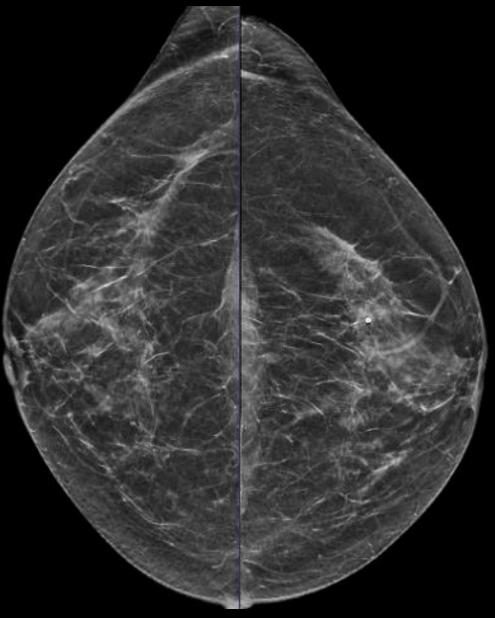


Indications for Breast MRI in Clinical Practice

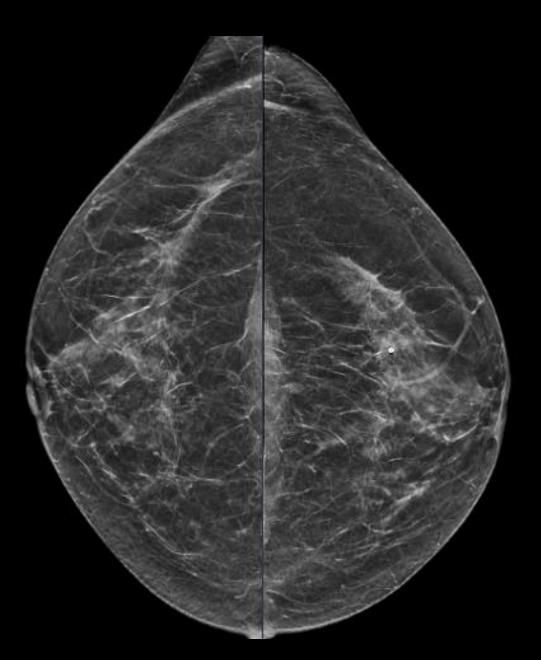
- Diagnostic
  - Extent of disease evaluation (newly diagnosed with breast ca)
  - Chemotherapy assessment
  - Inconclusive work-up
  - Search for occult primary
- Screening
  - High risk screening
    - >20% lifetime risk based on family history, genetic mutation, breast density
    - Personal history of breast cancer
    - Prior mantle radiation

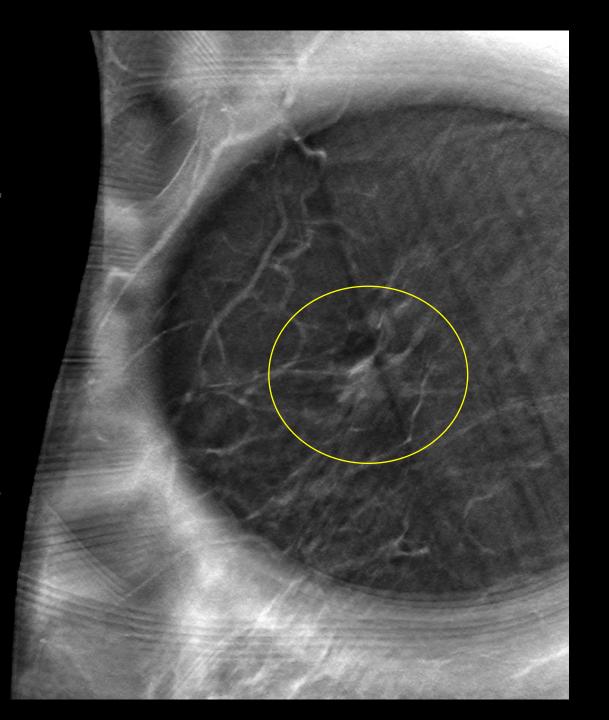
Case 3- Patient presents for screening mammogram







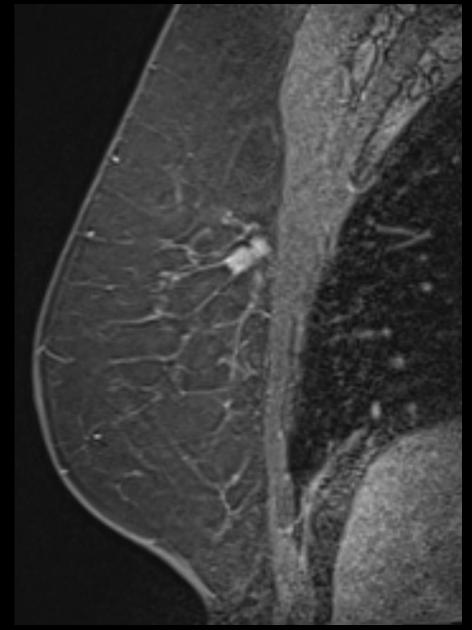




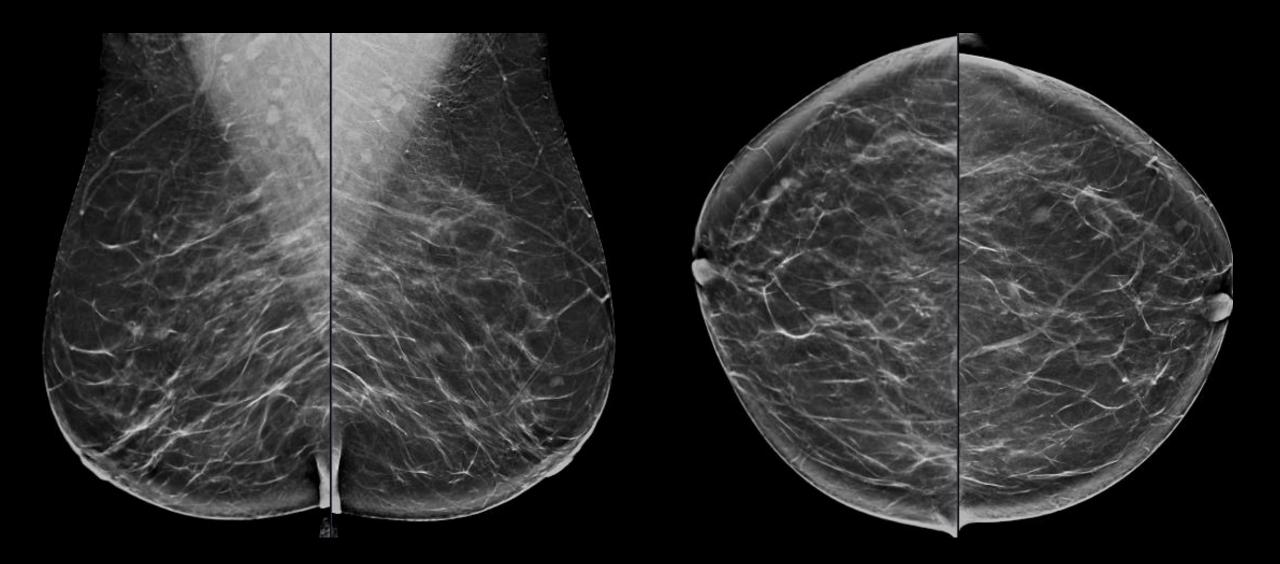


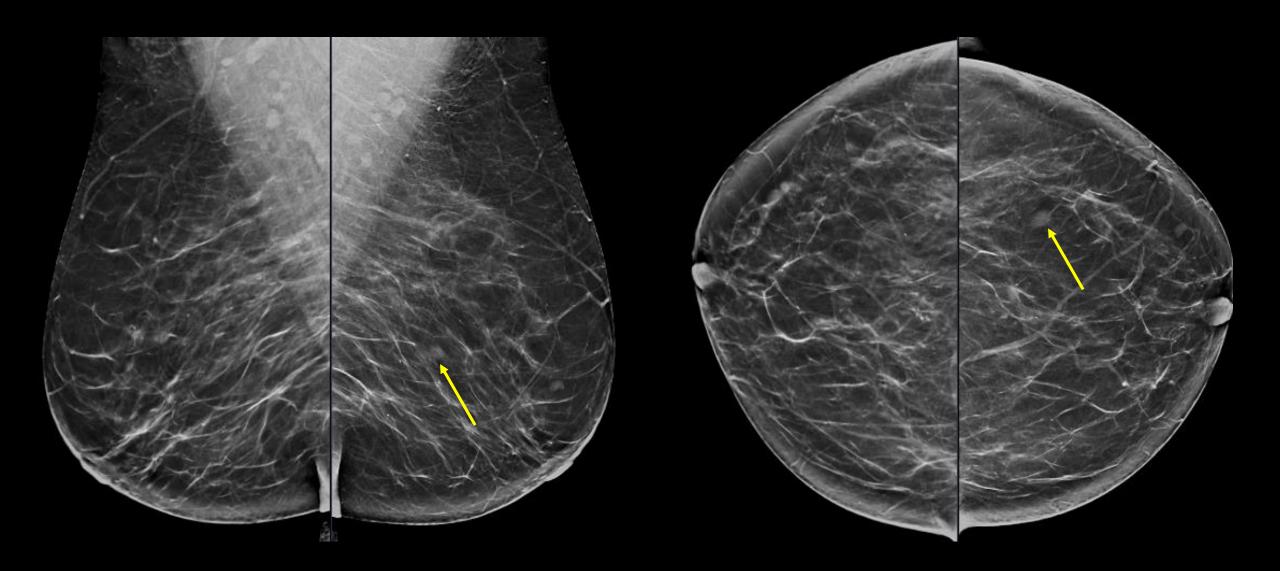
#### RT BREAST 1030 6 CMFN Trans

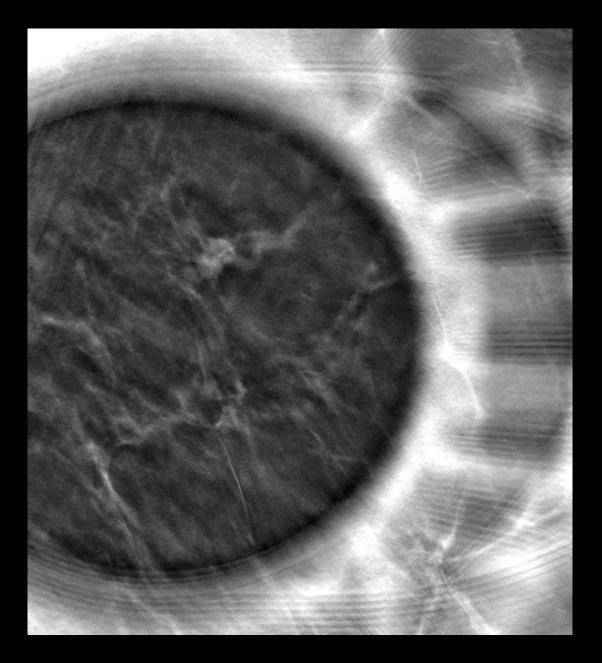
Right 10:30- Infiltrating ductal carcinoma gr 1 ER Positive, PR Positive, Her2 Negative



Case 4: BRCA1 positive patient presents for screening mammogram

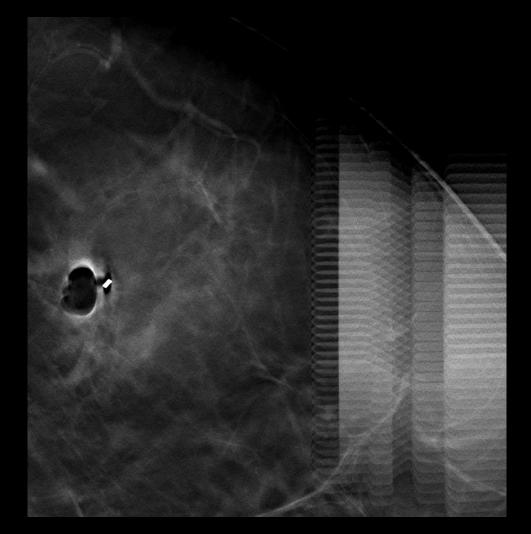






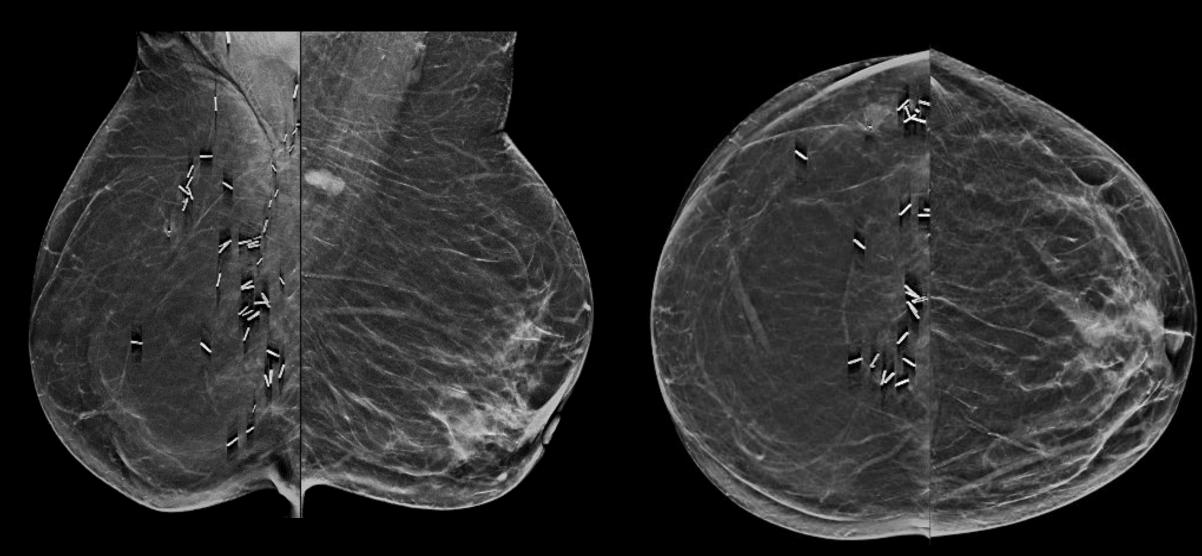
### No correlate on ultrasound

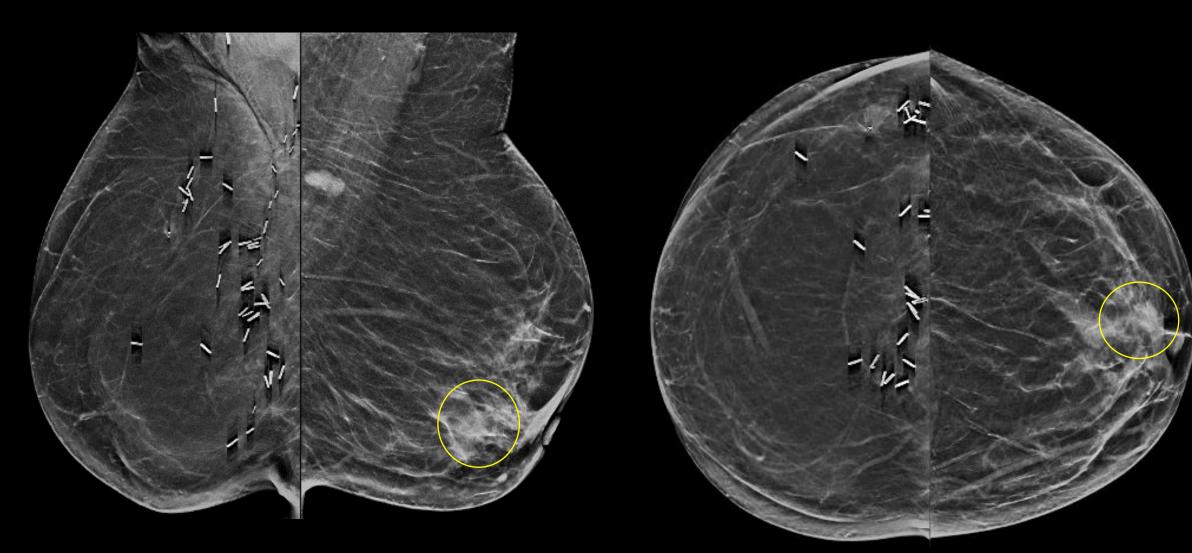
DBT guided biopsy – clip placement

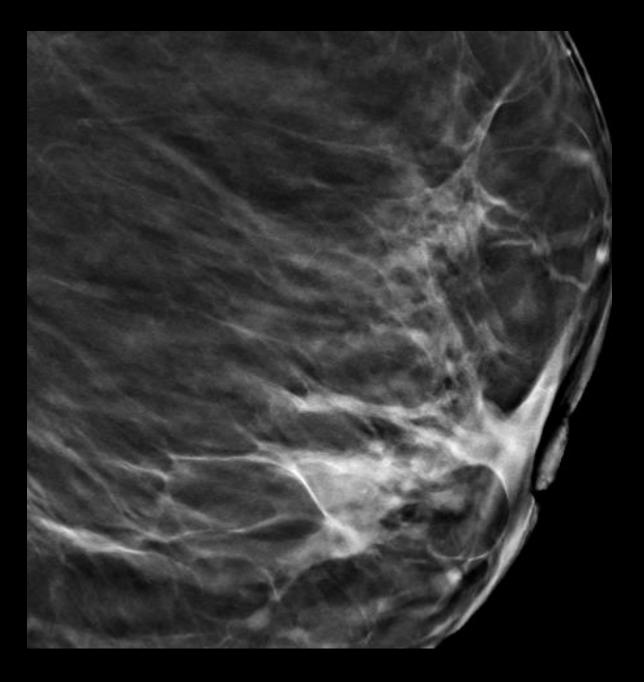


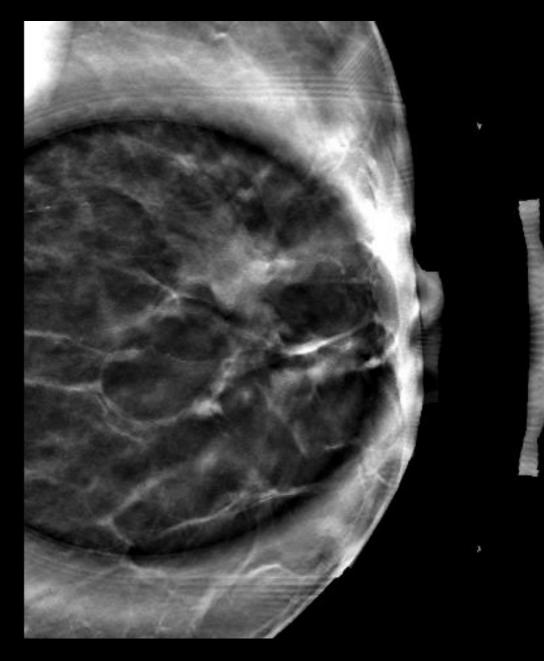
Grade 1 Invasive ductal carcinoma

# **Case 5-** Patient presents for screening mammogram – personal history of right mastectomy with TRAM reconstruction



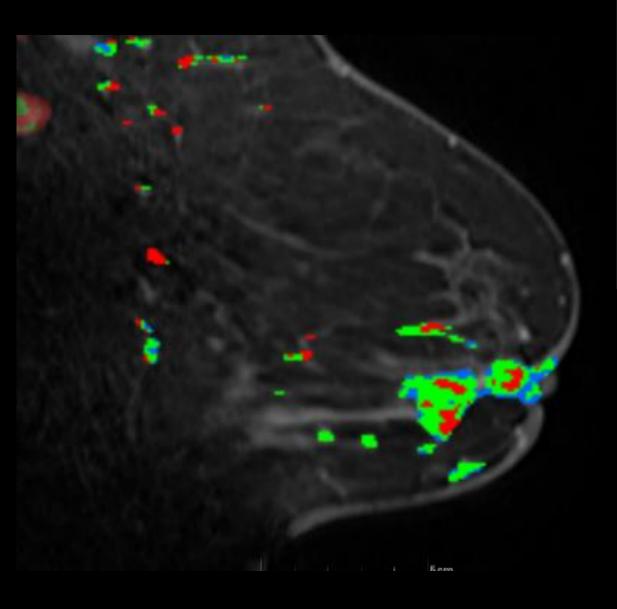


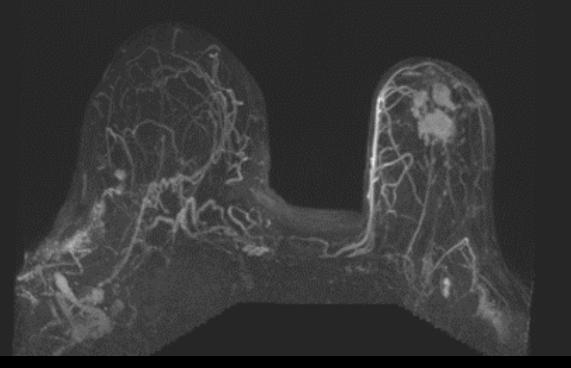


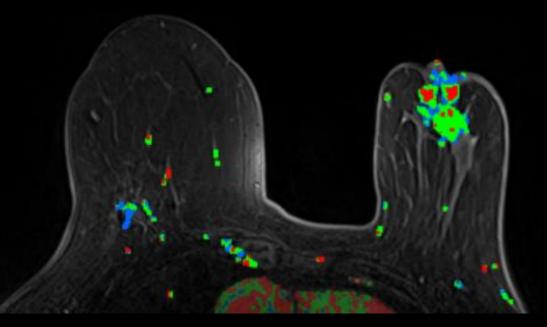




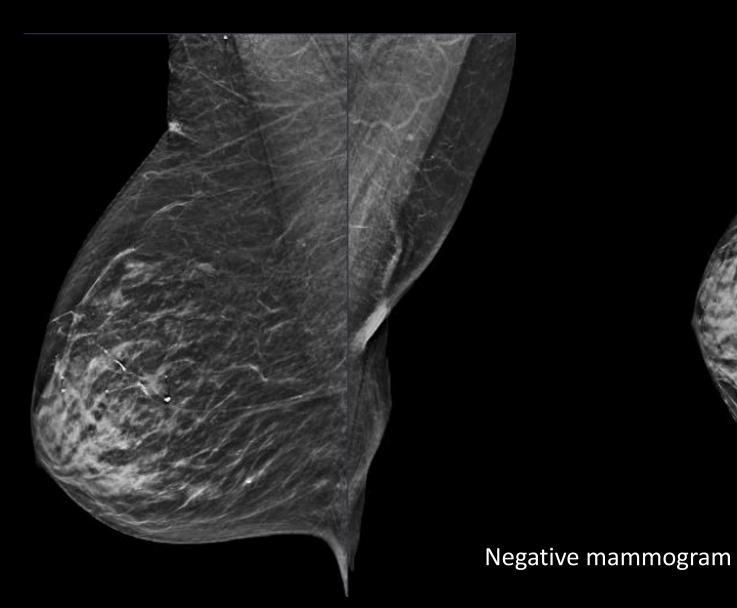
Left 6:00 US guided biopsy – Invasive ductal carcinoma, grade 1 ER Positive, PR Positive, Her2 Negative

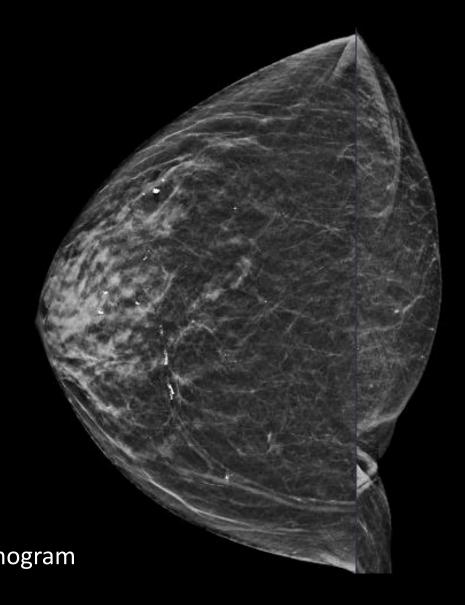






**Case 6-** Patient presents for screening mammogram and screening US – personal history of left mastectomy



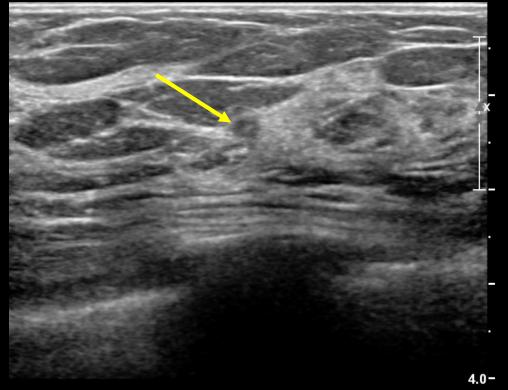


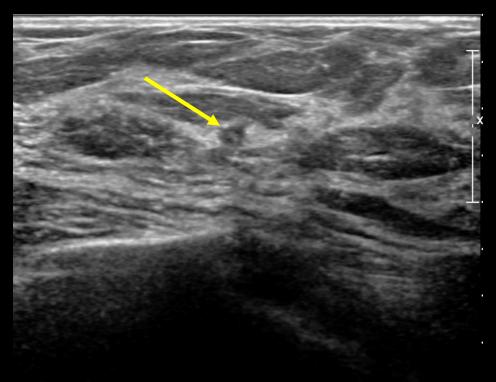
## Mammography Imaging Post-Mastectomy

- Routine mammography screening after mastectomy is controversial
  - Yield of finding a recurrence is low
  - These women are at increased risk
- 0.2 to 1% annual recurrence rates in patients without reconstruction
- Newer skin sparing techniques

Destounis S, et al. A review of breast imaging following mastectomy with or without reconstruction in an outpatient community center. *Breast Cancer* (2011)18:259-267

## Screening US

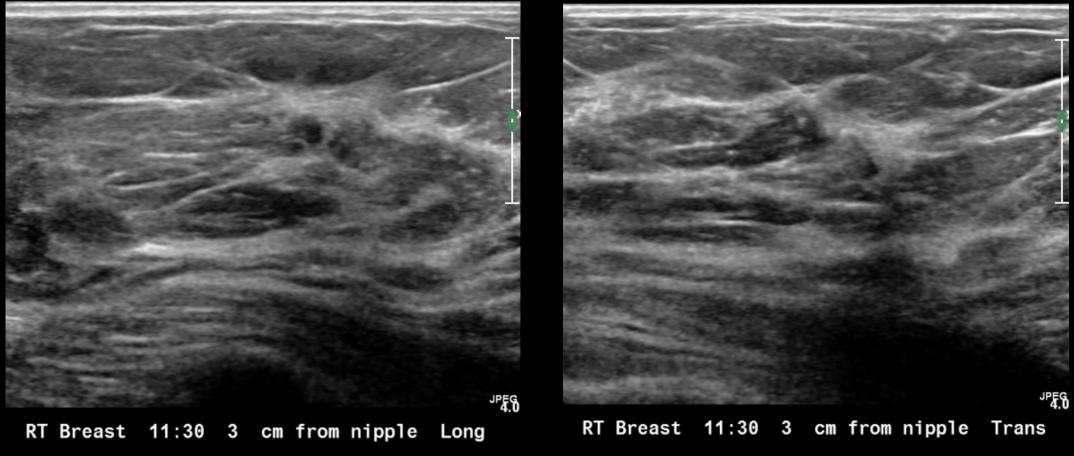




4.0-RT Breast 10:00 2 cm from nipple Long RT Breast 10:00 2 cm from nipple Trans

> Small hypoechoic mass seen on US US-guided core biopsy – Invasive ductal carcinoma, gr 1

## Screening US – Additional Finding

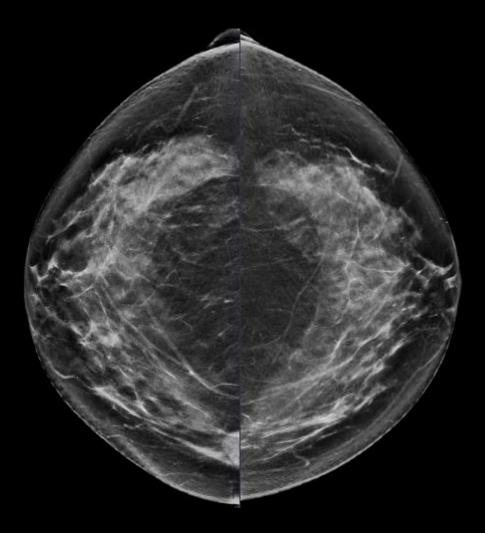


A small irregular hypoechoic mass is also seen

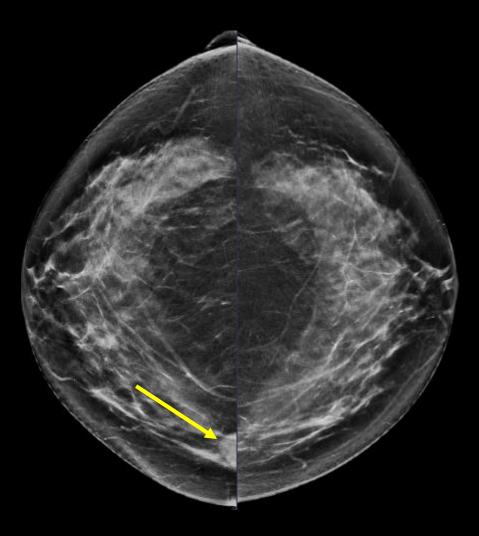
US-guided core biopsy – Invasive ductal carcinoma, gr 2, ER Positive, PR Positive, Her2 Negative

**Case 7** – Patient presents for evaluation of spontaneous right bloody nipple discharge

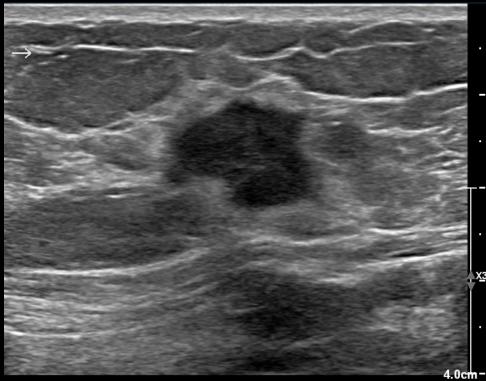






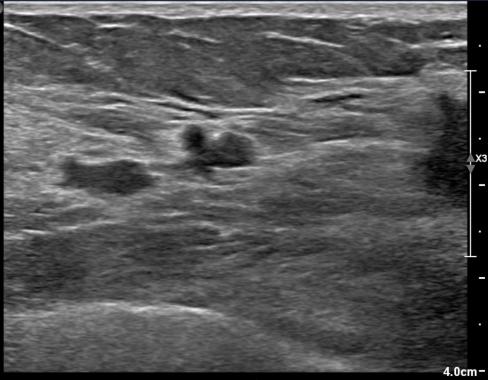


# Diagnostic US

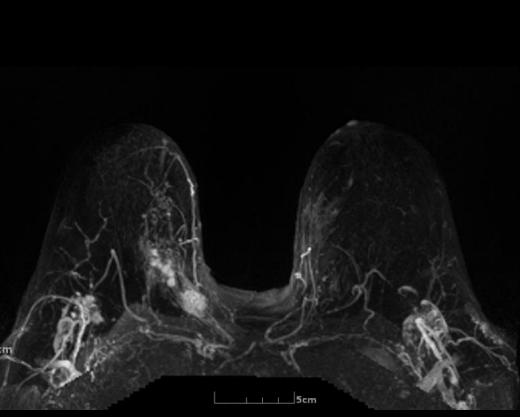


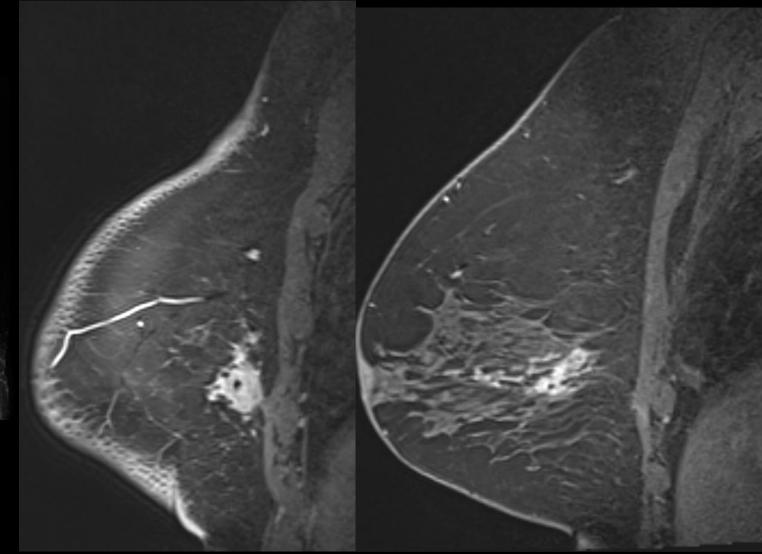
RT BREAST 3:00 8 CMFN LONG

Irregular hypoechoic mass US-guided biopsy: Invasive ductal carcinoma with micropapillary features, gr 3

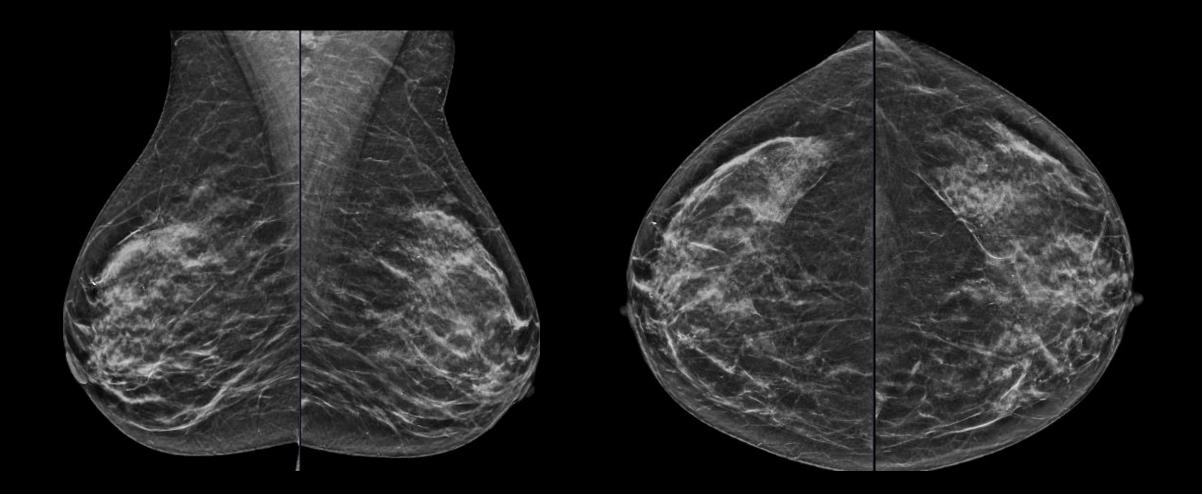


RT BREAST 3:00 TRANS | Adjacent hypoechoic masses US-guided biopsy: Invasive ductal carcinoma with micropapillary features, gr 3

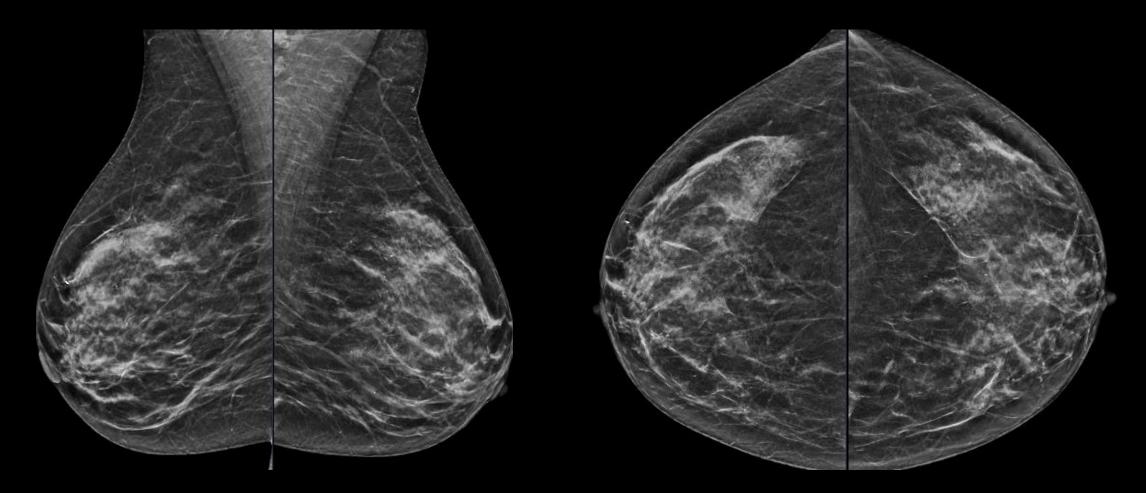




**Case 8** – Patient presents for screening mammogram and screening US due to dense breast tissue

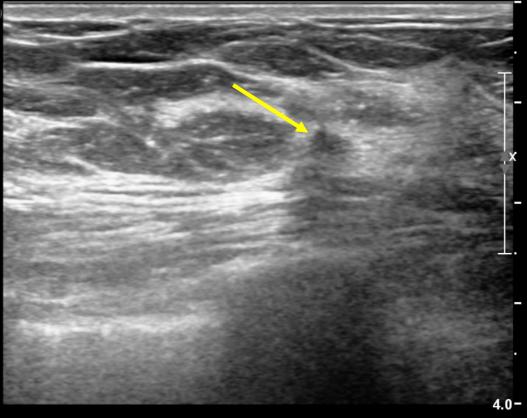


**Case 8** – Patient presents for screening mammogram and screening US due to dense breast tissue

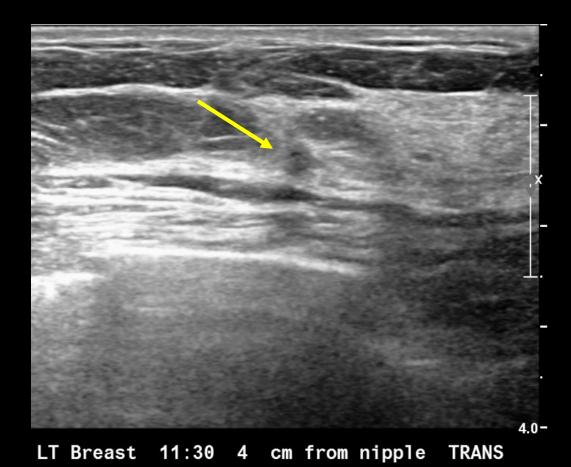


### Negative mammogram

# Screening US



#### LT Breast 11:30 4 cm from nipple LONG

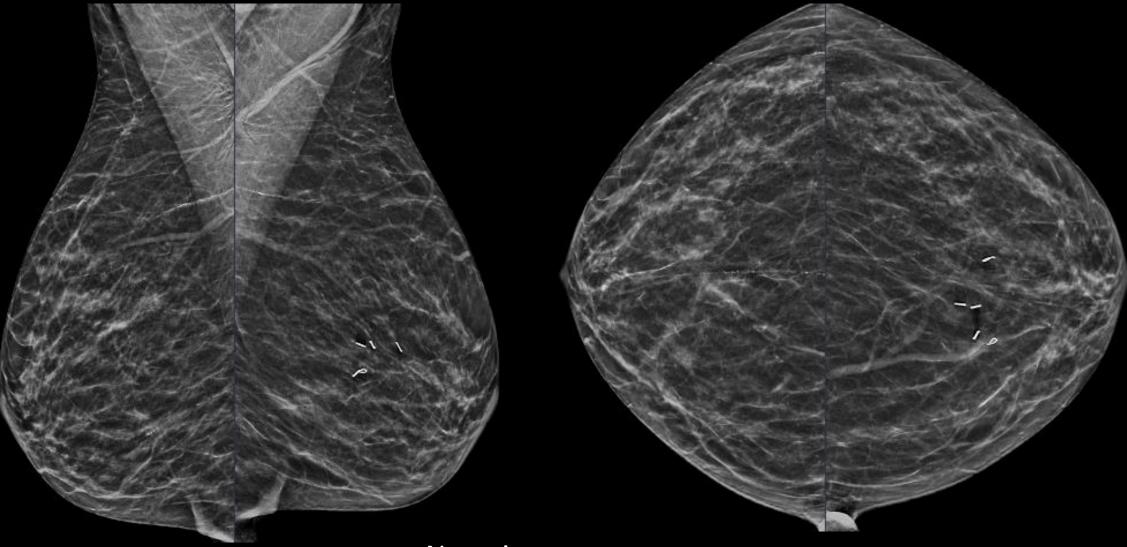


Small ill-defined mass on ultrasound US-guided biopsy: foci of invasive ductal carcinoma, gr 1, ER Positive, PR Positive, Her2 Negative

#### Screening Ultrasound

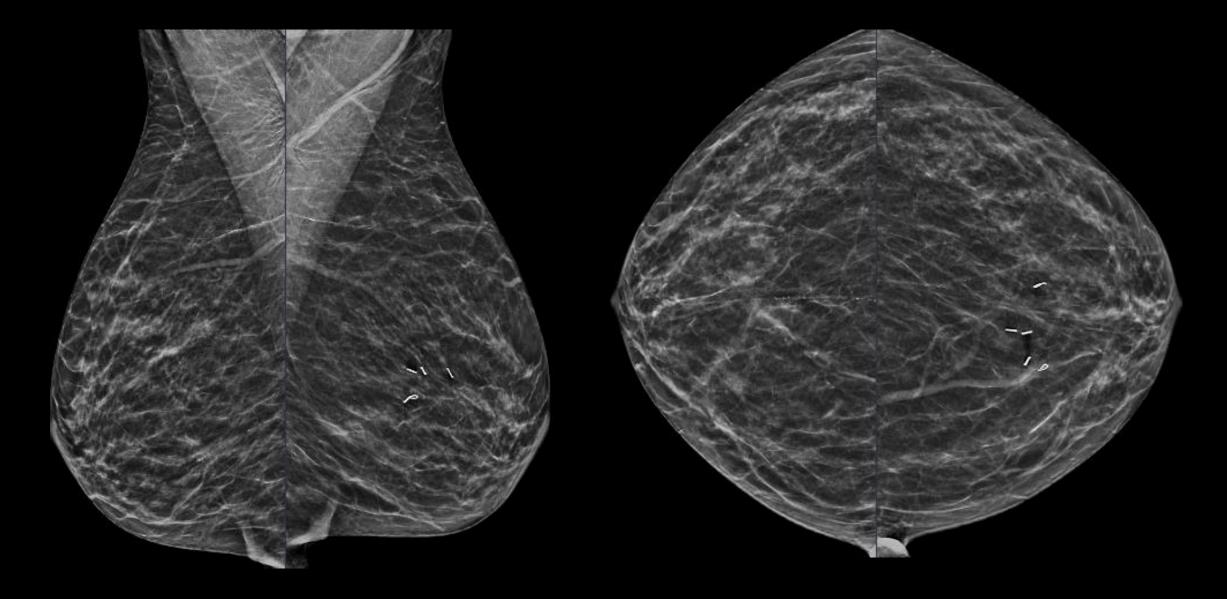
- Breast Density Inform Law Mammography reports must include information about breast density based on the four BI-RADS<sup>®</sup> density categories; patient letter in easyto-understand terms
- Ultrasound (US) used in imaging patients with dense breasts due to its low costs and availability
- Shown to detect additional cancers between 3 and 4.6 patients per 1000
- US detected cancers are often smaller, lower grade and node negative
- We have been performing screening US for dense tissue since implementation of the NYS law in 2013
  - Initially slow uptake, now approx. 50% of our eligible dense breast population are having screening US

**Case 9** – Patient presents for screening mammogram; post left lumpectomy

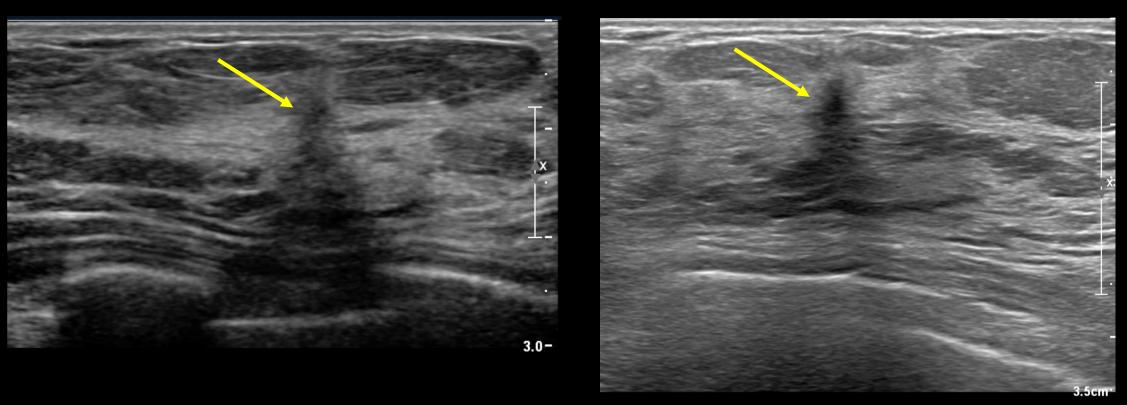


Negative mammogram

**Case 9** – Patient presents for screening mammogram; post left lumpectomy



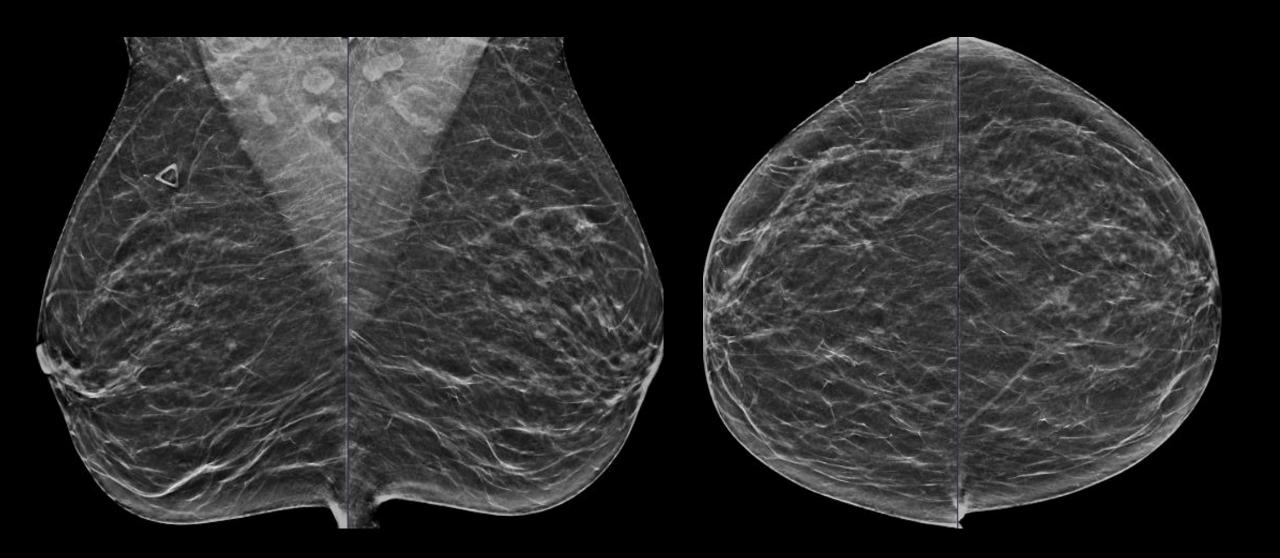
# Screening US offered due to personal history and dense tissue



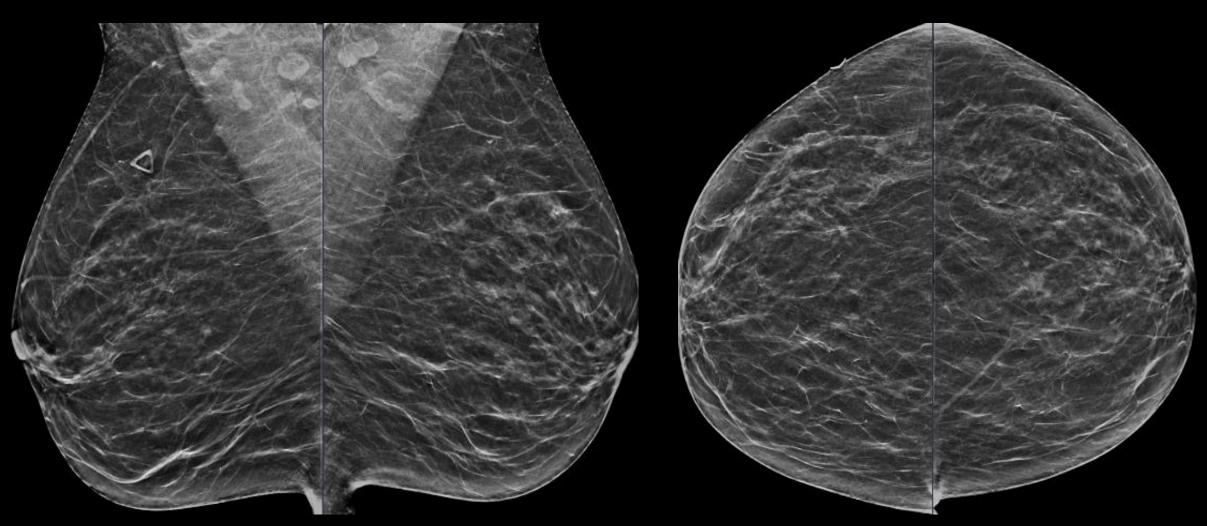
RT Breast 10:30 3 cm from nipple Long

RT BREAST 1030 3 CMFN Trans

Area of hypoechogenicity/distortion seen US-guided biopsy: Invasive ductal carcinoma gr 2 ER Positive, PR Positive, Her2 Negative **Case 10** – 57-year-old patient presents for diagnostic evaluation of right lump – personal history of melanoma at 44, recurrence at 46

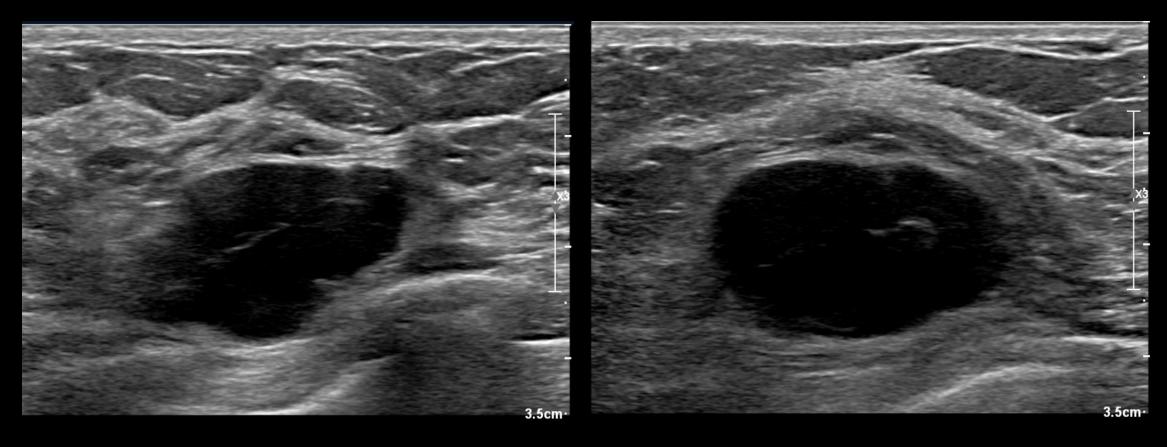


**Case 10** – 57-year-old patient presents for diagnostic evaluation of right lump – personal history of melanoma at 44, recurrence at 46



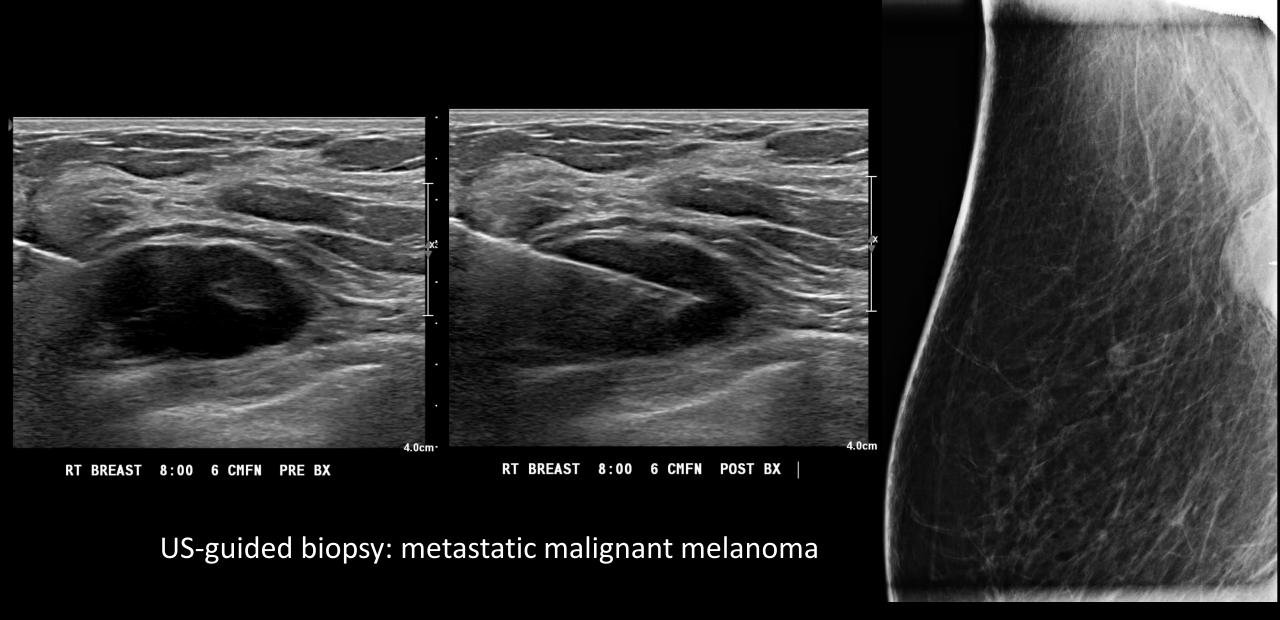
Nothing on mammogram to correlate to palpable lesion

## Diagnostic US



RT BREAST 8:00 6 CMFN Trans AOC

RT BREAST 8:00 6 CMFN Long AOC

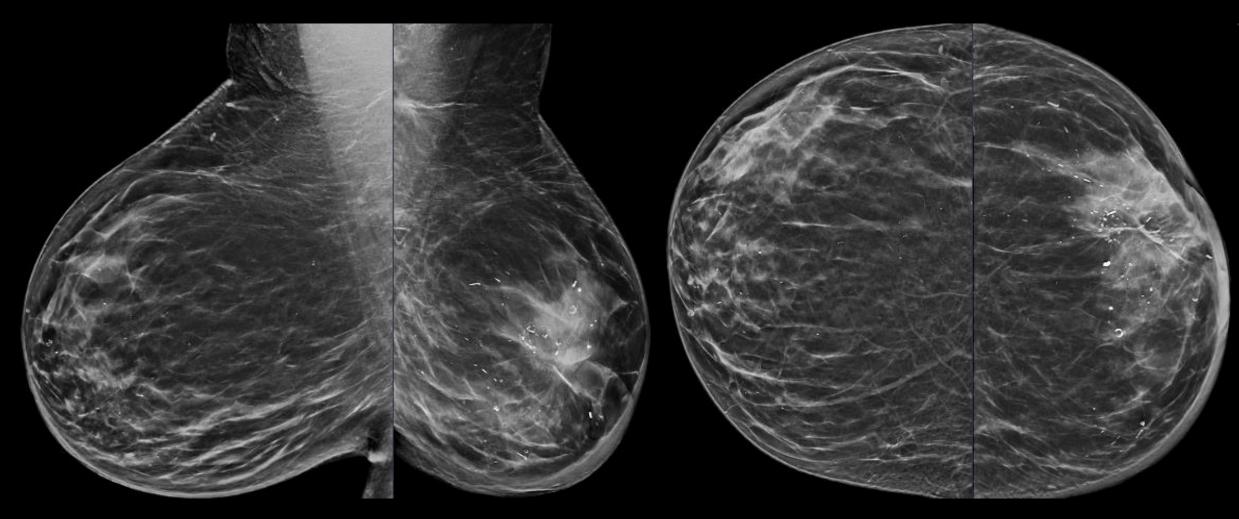


#### Metastases to the Breast

- Metastases to the breast
  - Extremely rare
    - The most common primary tumor sources for breast metastases are represented by lymphomas, melanomas, rhabdomyosarcomas, lung and ovarian tumors
- Most patients with breast metastases have a known carcinoma at the time of presentation, however the metastasis can be the first manifestation in up to 25% of cases
- To diagnose metastases to the breast, clinical history is most important factor
  - Radiologic presentation can be misleading

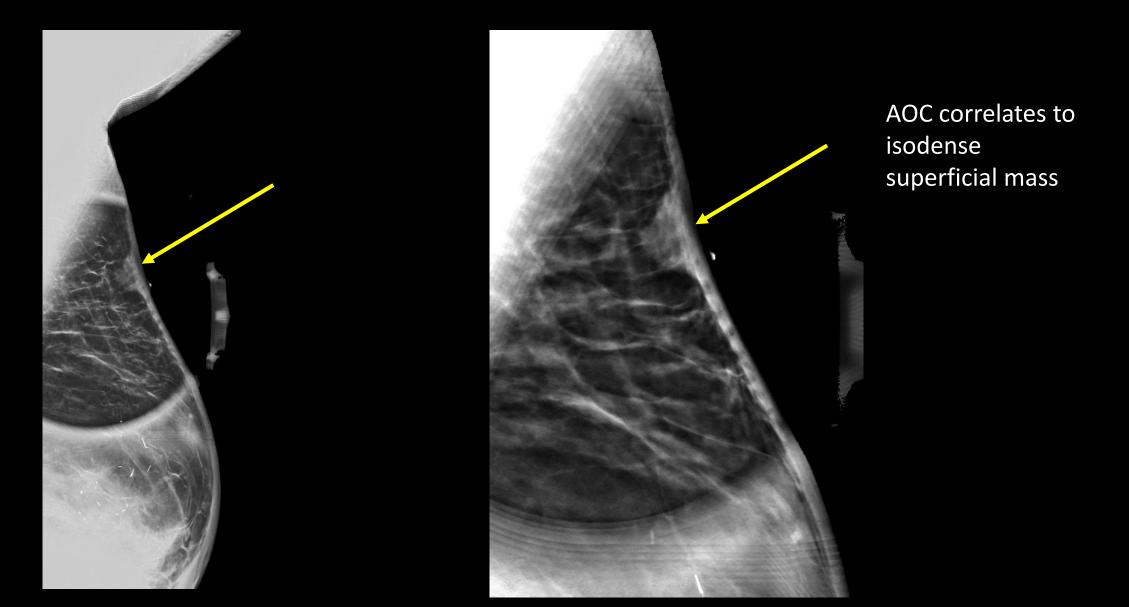
Bartella L, et al. Metastases to the Breast Revisited: Radiological-histopathological Correlation. *Clin Radiol* 2003; 58: 254-531. Fulciniti F, et al. Metastases to the breast: role of fine needle cytology samples. Our experience with nine cases in 2 years. *Ann Oncol* 2008; 19: 682-687.

**Case 11** – Patient presents for diagnostic evaluation of left breast lump; prior left lumpectomy + radiation

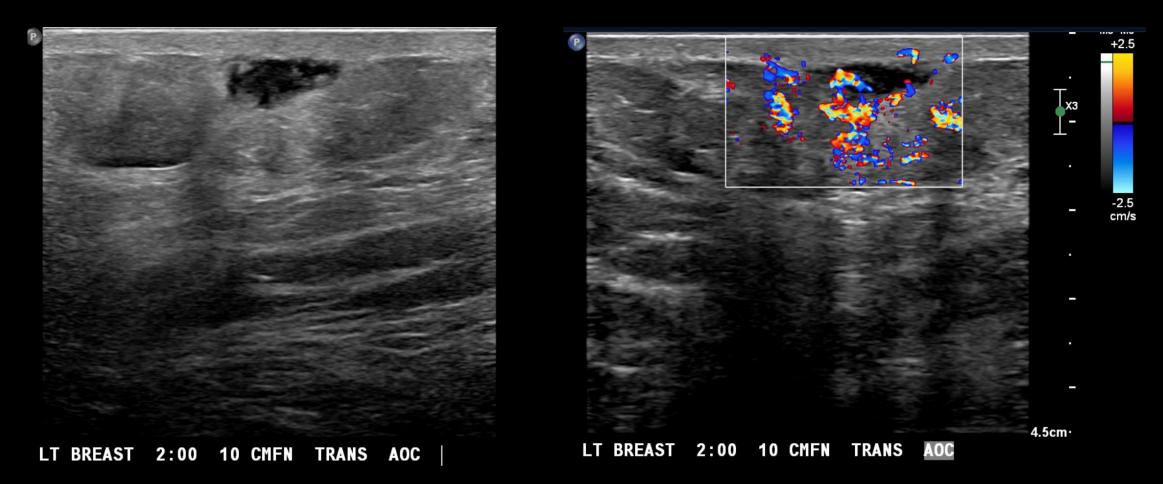


Left postsurgical changes

# Mammography - LSTAN



#### Diagnostic US

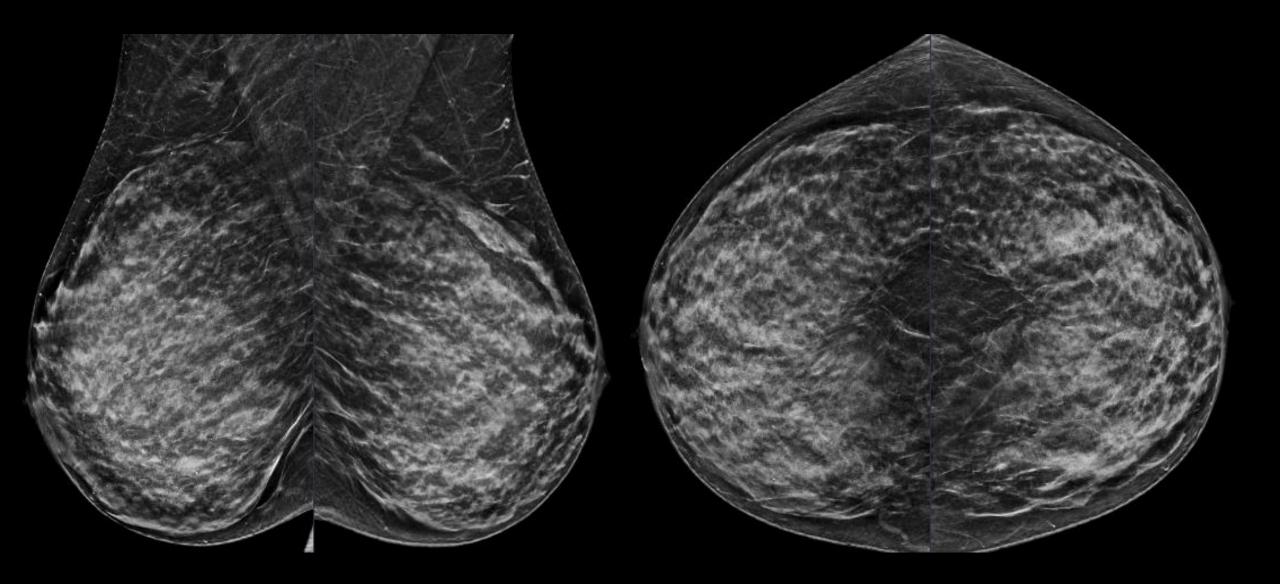


US-guided biopsy: atypical spindle cell proliferation; favor a malignant process Surgical excision – malignant spindle cell neoplasm, post radiation sarcoma, gr 2

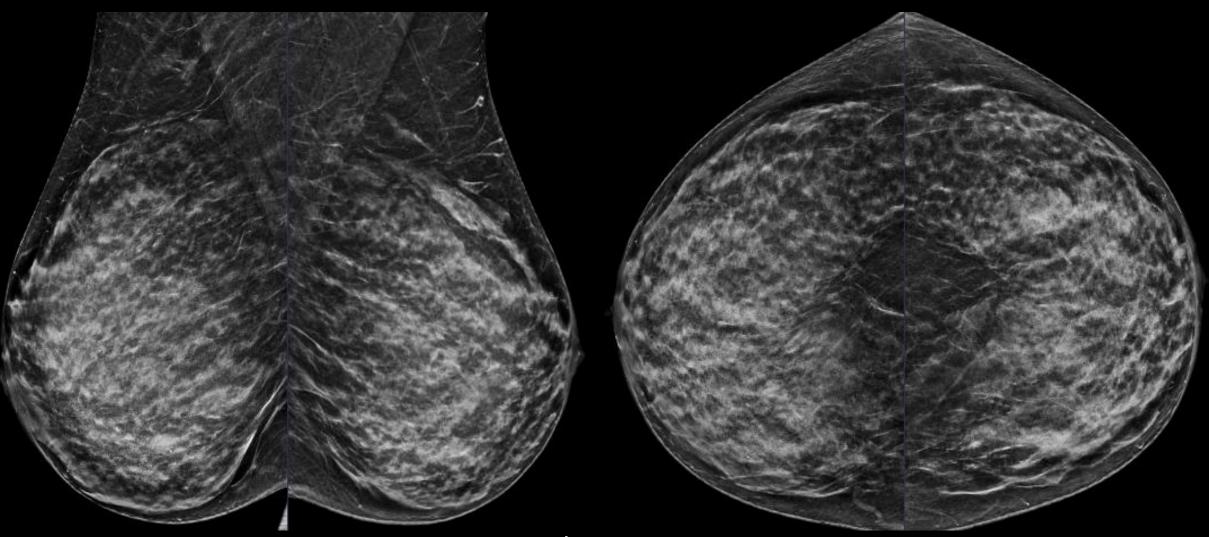
#### Post-radiation Sarcoma

- Radiation-associated sarcoma (RAS) is a rare complication of radiation therapy (RT) to breast cancer
  - Tends to be aggressive, poor outcomes
- After RT, the cumulative incidence is 3.2 per 1,000 at 15 years (versus 2.3 per 1,000 for primary sarcoma in a population without RT)
- The occurrence rate is low: over a 10-year period, 0.03%–0.2%
  - Comprise about 3% of all soft-tissue sarcomas

**Case 12** – Patient presents for screening mammogram and screening US due to dense tissue

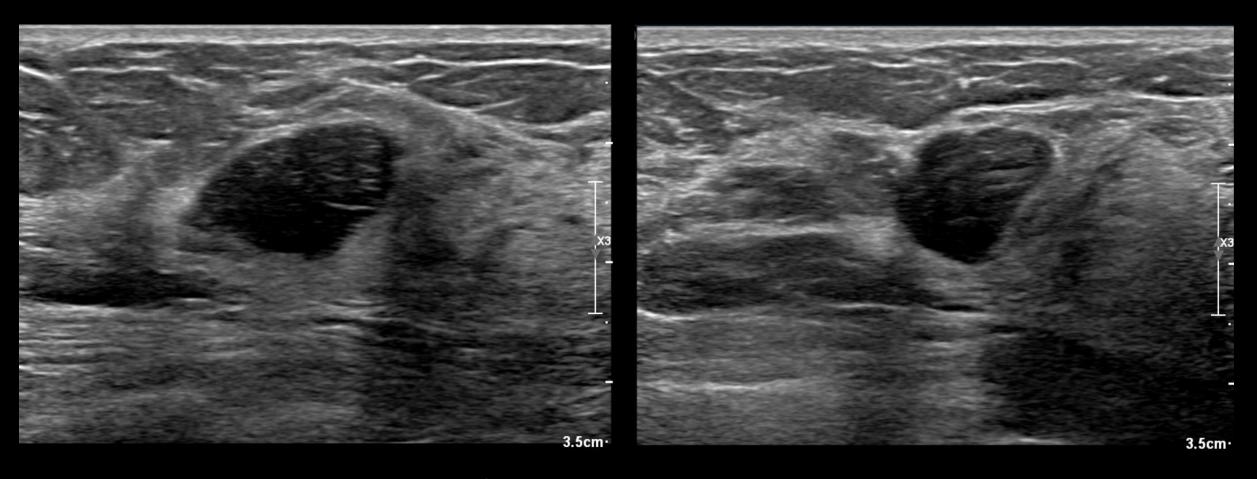


**Case 12** – Patient presents for screening mammogram and screening US due to dense tissue



Normal mammogram

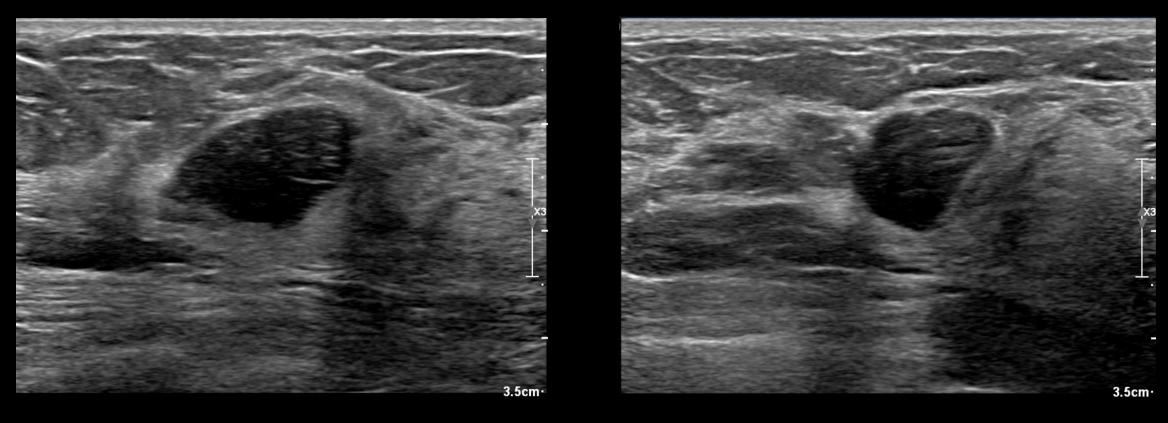
# Screening US



LT BREAST 1230 5 CMFN Trans

LT BREAST 1230 5 CMFN Long

#### Screening US



LT BREAST 1230 5 CMFN Long



US-guided biopsy: spindle cell lesion, differential includes phyllodes or cellular FAD Surgical excision: benign phyllodes tumor Phyllodes Tumors of the Breast

- Phyllodes tumors of the breast are rare, accounting for less than 1% of all breast tumors
- Start in the connective (stromal) tissue
- Grow rapidly, high rate of local recurrence, so surgical excision is required
- Pathology can be benign (most common) or malignant (about 1 in 4)

## References

- Fulciniti F, et al. Metastases to the breast: role of fine needle cytology samples. Our experience with nine cases in 2 years. *Annals of Oncology* 2008; 19: 682-687.
- Bartella L, et al. Metastases to the Breast Revisited: Radiologicalhistopathological Correlation. *Clinical Radiology* 2003; 58: 254-531.
- Wang L, et al. Breast metastasis from lung cancer: a report of two cases and literature review. Cancer Biol Med 2014; 11(3): 208-215.
- Sheth GR, et al. Radiation-Induced Sarcoma of the Breast: A Systematic Review. Oncologist 2012; 17(3): 405-418.
- Phyllodes Tumors of the Breast. American Cancer Society, 2019. <u>https://www.cancer.org/cancer/breast-cancer/non-cancerous-breast-conditions/phyllodes-tumors-of-the-breast.html</u>